

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is Fruits & Veggies
being added.**

**What I like least about the proposed
changes is need bananas added
_____.**

Thank you for reading my comments.

Sincerely,

Alicia M. Snyder
WIC Participant

SUNTIDE

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is Bread, be able to choose
milk substitutes, & fruit & veg great idea

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Kenny Dennis
WIC Participant

P6839

N

NOV 08 2000

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** That we will always
have a healthy snack.

**What I like least about the proposed
changes is** nothing.

Thank you for reading my comments.

Sincerely,

Dawanna Reynolds

WIC Participant

P6840

NOV 03 2015

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is I love fruit**

**What I like least about the proposed
changes is nothing**

Thank you for reading my comments.

Sincerely,

Danielle M. Asmer

WIC Participant

P6841

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is I would love to
have vegetable added.**

**What I like least about the proposed
changes is nothing - the more
variety of foods the better.**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to be 'C. P. J.', written over a horizontal line.

WIC Participant

P6842
NOV 03 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is More nutrients would
be available.

What I like least about the proposed
changes is I think it should
be revised every 1 year or 6 months

Thank you for reading my comments.

Sincerely,

Isela Vega
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is adding fruits & Veggies.**

**What I like least about the proposed
changes is you didn't do it sooner.**

Thank you for reading my comments.

Sincerely,


WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** Adds fruits + veggies.

**What I like least about the proposed
changes is** Limits juice.

Thank you for reading my comments.

Sincerely,

Stephanie Turnbull
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

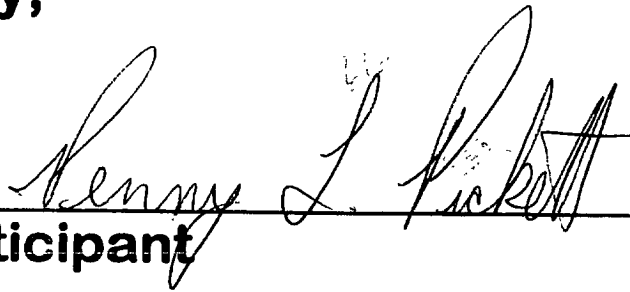
**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is that we can get
more for our kids.**

**What I like least about the proposed
changes is _____**

Thank you for reading my comments.

Sincerely,



WIC Participant

P6846

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is getting being able to get
more fruits and vegetables.**

**What I like least about the proposed
changes is _____.**

Thank you for reading my comments.

Sincerely,

Don. Harden / Mark Akridge

WIC Participant

P6847

NOV 08 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is were able to buy fruit**
_____.

**What I like least about the proposed
changes is nothing**
_____.

Thank you for reading my comments.

Sincerely,

Nicole Spurgeon
WIC Participant

P6848

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is _____**

_____.

**What I like least about the proposed
changes is _____**

_____.

Thank you for reading my comments.

Sincerely, I would like there
to be an option to
get organic products even
cage free organic
eggs

Jessica Beecroft

WIC Participant

P6849

N
NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** adding fruits, and
veggies, and grains. Also giving more
for breastfeeding mothers.

**What I like least about the proposed
changes is** less juice and cheeses.

Thank you for reading my comments.

Sincerely,

Jenean Morter (Jenean Morter)
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** it will give me more of an
initiative to buy the fruits & veggies.
which will give me more of the nutrition
as I need.

**What I like least about the proposed
changes is** less juice

Thank you for reading my comments.

Sincerely,


WIC Participant

P6851

N

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** You get more healthier
foods. Selection is good.

**What I like least about the proposed
changes is** Taking away some of
the milk cheese etc. needed also for
a healthier family. Things children need
also.

Thank you for reading my comments.

Sincerely,

Cynthia L. Harris

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is adding fruits + vegetables
and limiting juice and eggs.**

**What I like least about the proposed
changes is _____
_____.**

Thank you for reading my comments.

Sincerely,

Audra Bosecker
WIC Participant

P6853

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**


**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** add soy milk + soy
products!

**What I like least about the proposed
changes is** _____
_____.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is greater variety, more choices,
less fat.**

**What I like least about the proposed
changes is _____.**

Thank you for reading my comments.

Sincerely,

Donna Lisewitz, family member of WIC
WIC Participant participant.

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** fruits, veggies and
bread/tortillas.

**What I like least about the proposed
changes is** nothing.

Thank you for reading my comments.

Sincerely,

Danielle Leonard
WIC Participant

NOV 03 2005

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is the fruits and veggies that could be added.

What I like least about the proposed changes is IF it will effect the amount of milk and juice a child get.

Thank you for reading my comments.

Sincerely,

Hanan Abu Shareb
WIC Participant

P 6857

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** the soy beverages, my son

is allergic has had issues w/ dairy products, + soy is best for him.
He love fruits + vegetables.

**What I like least about the proposed
changes is** _____

Thank you for reading my comments.

Sincerely,

Sumira

Jessica H. Sheen + Dakota Osborne
WIC Participant

P6858

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is the addition of fruit.
My children love fruit + fresh veggies.**

**What I like least about the proposed
changes is N/A**
_____.

Thank you for reading my comments.

Sincerely,

Kristie Souders (Lauryn + Nathanael)
WIC Participant

Sunrise

P6859

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** Our whole family loves
fruits + vegs.

**What I like least about the proposed
changes is** _____
_____.

Thank you for reading my comments.

Sincerely,

Summao

Christy Lee
WIC Participant

p6860

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** fruit & vegetables
being offered. & brown Rice.

**What I like least about the proposed
changes is** N/A
_____.

Thank you for reading my comments.

Sincerely,

Sunrise

Michael Quincy
WIC Participant

P6861

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** is adding more Food
choices.

**What I like least about the proposed
changes is** Adding fruits and
veggies.

Thank you for reading my comments.

Sincerely,



WIC Participant

Sunrise

P 6862

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is more variety and
the fruit.**

**What I like least about the proposed
changes is nothing.**

Thank you for reading my comments.

Sincerely,

Keontay White
WIC Participant

NOV 03 2006

P6863

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

I like that you had more to the variety
so that we can keep our kids healthy
and have a better life. Finally a variety.

What I like least about the proposed changes is

No then

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

NOV 03 2006

P 6864

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods:

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

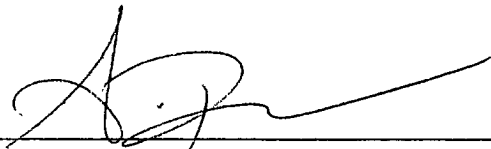
THE FACT THAT YOU'VE ADDED BOTH FRUITS
& VEGGIES!

What I like least about the proposed changes is

THE FACT THAT THERE IS LESS CEREAL

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

the fruit and vegetables, the bread/tortillas.

What I like least about the proposed changes is

The milk being decreased along with the eggs and the cheese.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

P6866

NOV 03 201

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** It gives more healthier
foods to our food package that will be needed

**What I like least about the proposed
changes is** _____
_____.

Thank you for reading my comments.

Sincerely,

Sherina Adams
WIC Participant

P 6867

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is more whole grain choices**
_____.

**What I like least about the proposed
changes is Tofu**
_____.

Thank you for reading my comments.

Sincerely,

Nicole + Na Kaisha Maze

WIC Participant

P 6868

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Nicole + Na'kaisha Mays

WIC Participant

P 6869

NOV 03 2005

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is** reduce fats, limits
juice and adds more fruits and
vegetables

**What I like least about the proposed
changes is** _____

Thank you for reading my comments.

Sincerely,

Mittie Anderson

WIC Participant

P6870

NOV 08 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

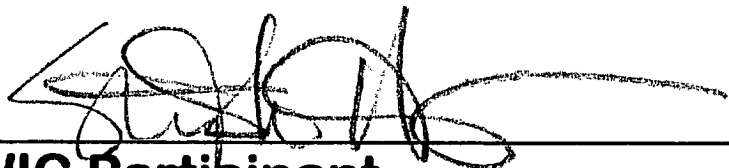
**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is Veggies and more healthy
foods for kids.**

**What I like least about the proposed
changes is not like it**
_____.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is Soy Products**

I drink 64^{oz} daily Silk Enhanced.

**What I like least about the proposed
changes is Should offer Sweet Potatoes**

Almond butter & Soybutter.

Thank you for reading my comments.

Sincerely,

Marla Sparks

WIC Participant

P6872

NOV 08 2003

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is my kids will get the
right amount of fruit and veggies.**

**What I like least about the proposed
changes is will it change the
other WIC foods.**

Thank you for reading my comments.

Sincerely,

WIC Participant

P 6873

NOV 08 2009

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.**

**What I like most about the proposed
changes is the healthy foods.**

**What I like least about the proposed
changes is nothing**

Thank you for reading my comments.

Sincerely,

Catrina Stephens
WIC Participant

P0874

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is

*fresh fruit & vegetables are all natural
healthier than bottled juices.
sugar & fat's are not
to good*

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Joie Hernandez

WIC Participant

P 6875

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is fresh fruit!

What I like least about the proposed
changes is less juice

Thank you for reading my comments.

Sincerely,

Janet Doe
WIC Participant

P6876

NOV 16 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is more variety, &
healthier products for the woman & baby

What I like least about the proposed
changes is nothing.

Thank you for reading my comments.

Sincerely,

Shantell Fultz
WIC Participant

P6877

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

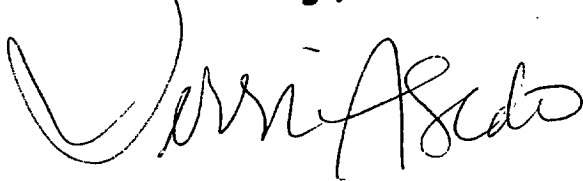
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is Healthier alternatives
not all juice is being used.

What I like least about the proposed
changes is less milk

Thank you for reading my comments.

Sincerely,



WIC Participant

P6878

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

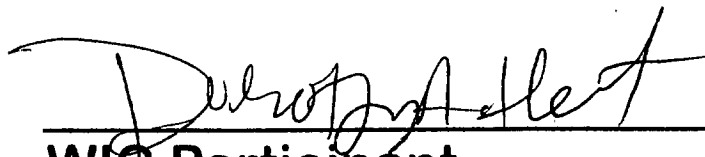
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is The fresh fruits and veg-
tables and choice of SDG milk.

What I like least about the proposed
changes is no negative comments
_____.

Thank you for reading my comments.

Sincerely,



WIC Participant

P6879

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is Soy Milk.

What I like least about the proposed
changes is ✓.

Thank you for reading my comments.

Sincerely,

Maria Flamenca
WIC Participant

NOV 16 2008

P 6880

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

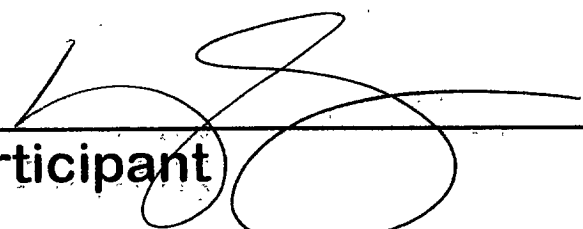
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is the Soy milk

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2008

P6881

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is the fresh veggies and fruits, can also be
used as snacks for my children.

What I like least about the proposed
changes is TOFU. I don't like tofu.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is having fruits &
veggies.

What I like least about the proposed
changes is the soy milk.

Thank you for reading my comments.

Sincerely,



WIC Participant

P6883

NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is that this way families
can eat healthier now that fruits & vegetables
are getting more expensive

What I like least about the proposed
changes is &
_____.

Thank you for reading my comments.

Sincerely,

Elizabeth Ramos
WIC Participant

NOV 03 2008

P 6884

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The changes in the amount of juice and the increase in tofu and vegetable and fruit use, more variety in whole grain products.

What I like least about the proposed changes is

None

Thank you for reading my comments.

Sincerely,

Adrienne M. Alraft

WIC Participant

Riverside County, California

DIW ob amegolne9

only that year 1.01.00.08

P 6885

2000 年 12 月 10 日

$\frac{1}{2} \left(\frac{1}{2} \right)^2 = \frac{1}{8}$

...the

s for my family.

(Faint handwritten notes at the bottom of the page)

$$x^2 + y^2 + z^2 = 1 \quad x^2 + y^2 = 1 \quad x^2 + z^2 = 1 \quad y^2 + z^2 = 1$$

I like the fruit & vegetable items

$\frac{d}{dt} \left(\frac{\partial L}{\partial \dot{x}} \right) = \frac{\partial L}{\partial x}$

The less of the cheese you

get 17B. instead of 21B.

[illegible][illegible]

DATE: 11/11/1972

[illegible]

NOV 03 2008

P6886

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

you get whole grains, and fruits/veggies

What I like least about the proposed changes is

you get less juice" Juice keeps my kids from Soda, tea, ect.

Thank you for reading my comments.

Sincerely,

Jenn Loya
WIC Participant

Riverside County, California

P6887

NOV 03 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Adding fruits and vegetables

What I like least about the proposed changes is

taking away one dozen eggs

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

NOV 03 2006

P6888

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

tofu, fruit & vegetables

What I like least about the proposed changes is

fish (canned), canned beans

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

OWEB sinegointa9

NOV 03 2006

P 6889

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Veggies, Bread, cereal

What I like least about the proposed changes is

N/A

Thank you for reading my comments.

Sincerely,

Ariana

WIC Participant

Riverside County, California

OLW sh stream 10/10/06

2006/10/10 10:10:10

NOV 03 2006

P 6890

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

6 dollars worth Fruits and vegetables

What I like least about the proposed changes is

Don't like any

Thank you for reading my comments.

Sincerely,

Cristina B...
WIC Participant

Riverside County, California

P6891

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

Fruits and Vegetables.

What I like least about the proposed changes is

how you cut the milk and cheese and eggs.

Thank you for reading my comments.

Sincerely,

Samantha Munder
WIC Participant

Riverside County, California

P 6892

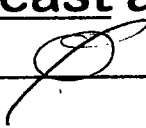
NOV 06 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.


Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family.

What I like most about the proposed
changes is I would eat more fruits and
veggies I would otherwise not be able to afford.

What I like least about the proposed
changes is 

Thank you for reading my comments.

Sincerely,



WIC Participant

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

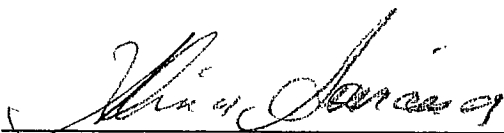
I like that we get more choices in
milk, veggies, and other foods

What I like least about the proposed changes is

I don't dislike anything.

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

NOV 03 2006

P6894

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

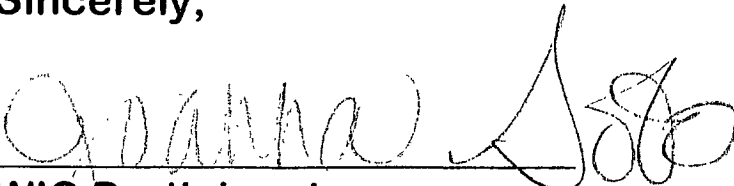
What I like most about the proposed changes is

What I like least about the proposed changes is

that it sounds/looks like we
getting less but pretty much
balances out even.

Thank you for reading my comments.

Sincerely,


WIC Participant

Riverside County, California

NOV 03 2006

P6895

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

The expanded choices, especially, different
canned fish (other than tuna) and canned
beans.

What I like least about the proposed changes is

Being restricted in the percent fat milk
I choose. My pediatrician (sp?) has
asked me to keep my 2 year old on

Thank you for reading my comments.

whole
milk because
he is under-
weight.

Sincerely,

Amy Spencer
WIC Participant

Riverside County, California

NOV 03 2006

P6896

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods:

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

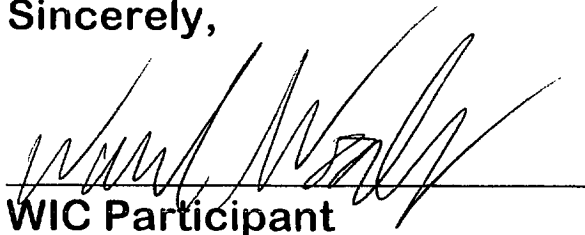
The new choices breads, tortillas, Brown rice, Bubar, barley, oatmeal, fruits & veges
Soy beverage: Tofu

What I like least about the proposed changes is

I don't like the fact that they will cut things in half like, eggs, cheese, less milk

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

NOV 03 2008

P 6897

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more options - Soy Beverages Available
variations in fruits & veg. / more Grains.

What I like least about the proposed changes is

not much food ie: Tuna / peanut Butter
& food in general
for bottle feeding
for moms.

Thank you for reading my comments.

Sincerely,

Jennifer Wellings
WIC Participant

Riverside County, California

NOV 03 2006

P 6898

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods:

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

location:
① I can go to any store instead of one chosen store
② Fresh ~~fruits~~ vege.: better for my children.

What I like least about the proposed changes is

= Reduce amount of milk: right now it's not enough for my 2 children.

Thank you for reading my comments.

Sincerely,

Quinn
WIC Participant

Riverside County, California

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

flexible choice of foods
and convenience

What I like least about the proposed changes is

none

Thank you for reading my comments.

Sincerely,



WIC Participant

Riverside County, California

NOV 6 2008

P 6900

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and veggies to the WIC checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes is

more variety of foods.

What I like least about the proposed changes is

nothing

Thank you for reading my comments.

Sincerely,

Brenda Memeo
WIC Participant

Riverside County, California